



# DOG TRACKS

QUARTERLY NEWSLETTER ~ NOVEMBER 2024

## Lodi Christmas Parade 12/5/2024

Here is a great opportunity to spread our presence in the community and have fun at the same time.

Here's an update by Naomi Kennicutt:

*Holding our banner: Thalia and Catherine*

*Sidewalkers: Marsi and Laura*

*Dog walkers: Naomi, Cindy Ruth, Cindy Sarmiento, June, Janet, Nancy, Debbie V, & Kim S.*

*Let me know if you have any questions. I have heard from most of you about your dog costumes. I have Cinch's completed now with lights. I am having him wear it every day so that he gets used to the idea!*

*Do you have your get up figured out? Cindy would like all of us to wear a Santa Hat. Consider getting one with lights or put battery operated lights on yourself. Consider wearing battery operated necklaces. You can never have too many lights for this parade.*

*Cindy has put together a chant that we plan on doing while enroute. You will find it attached to this email. Laura will be the leader of this portion. We will bring this up at the meeting, but I am pretty sure it will be allowed during the parade. Cindy suggested that you copy it and put it on a card.*

*The parade starts at 6:15 on Dec. 5th*

*We have disposable, clear ponchos for us to wear should it rain. IT WON'T*

*The route is 1.5 miles. When we get to the corner of Oak and School Street, we will be in front of the judge's station. It's at this point that the judge will read a short description about our club and we have time for a mere 45 second routine. So you see, it won't take much to make this work!*

*Cindy and I will be going to a parade meeting on Tuesday, and I will update you that evening about staging, hopefully where to park, etc.*

*If you have any further questions, please text me at 916 296 5642*

*Again, thank you for being a part of this adventure!*

The practice held 11/23 was videoed and Naomi is going to try and share it to the group email) You can still join in so let her know if you want to participate!

## Contents:

Upcoming SJDTC Events	Page
2	
Miss Penny Paws	Page 2
Doc Tailwagger	Page
3	
Year-end donations	Page 4
Holiday Party	Page 6

And various other things sprinkled here and there like dropped cookie crumbs!

## UPCOMING SJDTC EVENTS



**MARK  
YOUR  
CALENDARS!**

- |          |                                     |
|----------|-------------------------------------|
| 12/1/24  | Ltd Obedience Trial – Dream Big     |
| 12/3/24  | General Meeting 6:00pm - Zoom       |
| 12/5/24  | Lodi Christmas Parade – Lodi        |
| 12/14/24 | Club Holiday party – Grape Festival |
| 2/21/25  | Rally Trial – Dream Big             |
| 2/22/25  | Obedience Trial – Dream Big         |
| 3/14/25  | Rally Trial – Dream Big             |
| 3/15/25  | Obedience Trial – Dream Big         |
| 4/6/25   | TD/TDX Test, Comanche               |

The 12/3 General Meeting will include the vote on the slate of officers for 2025. Please note the meeting will be at 6:00 instead of the usual 7:00, due to the NorCal GRC meeting being held at 7:00.

The proposed slate of officers for next year are as follows:

President	Marsi Newman
Vice President	Cindy Sarmiento
Secretary	June Dennis
Membership Secty	Stephanie Wells
Treasurer	Kim deArrillaga
Director	Katy Stella
Director	Paula Bastian
Director	Jennifer LaViola
Immed Past Pres	Susan Osborn-Stratton

## Dear Miss Penny Paws



Dear Miss Penny Paws,

I like to chew on those big raw hide bones but my mom hardly ever lets me have them. When she does give me one, she watches me like a hawk and as soon as it gets nice and chewy, so I can tear it up, she takes it away from me.

I don't understand why. She says I might swallow a big piece and get a tummy ache. I told her "Hey, I'm a dog – I can digest anything!" but she isn't buying it. Please tell her to leave my bones alone.

Signed,  
Boneless

Dear Boneless,

The rawhide you love can cause you a lot of problems, from mild indigestion to an intestinal blockage. No matter how tough a dog you may be, you should stay completely away from rawhide – it isn't worth the problems it can cause. Ask your mom to give you chew hooves, nylabones, gummabones, kongs, or a buster cube. You can even have those soft woobies (just watch out for the ones that turn evil that you then must kill) as long as you're supervised and you don't get to the squeakers.

Happy Chewing,  
Miss Penny Paws





## Health tips by Doc Tailwagger

### Beware Diffusers

This is a post from a dog group on Facebook and it provides some great information.

#### *Dog Poisoned by the Diffuser*

*Saturday night I got home late and my dog didn't recognize me. Being a nanny, I thought I woke him up and he was having a night terror. Sunday, he was still acting weird. I realized that I had been running my new diffuser and decided to turn it off. Sunday afternoon, he was feeling better.*

*Today at work, my dog sitter said that he wouldn't come out from under the bed. It was very odd as he is a happy dog.*

*I came from work early and again; he was very confused about who I was. So I took him to emergency vet.*

*It turns out that the tea tree oil I was using in the diffuser is toxic for dogs. Thankfully the test showed that his liver was ok but we weren't out of the woods yet. He was given fluids under his skin to get the toxins out.*

*The vet and the poison control are saying that they see these cases often now that the popularity of essential oil is growing.*

*Please make sure that the essential oils you are burning are not toxic for your pets.*

Here is a list of essential oils not to use if you have a dog at home I found this list:

The mechanism of action varies depending on the oil:

- **Wintergreen oil** (Gaultheria oil; Gaultheria procumbens) and **birch oil** (Betula lenta) contain methyl salicylate. This compound is related to aspirin and has similar toxicity issues.

- **Pennyroyal oil** (Mentha pulegium) and **American pennyroyal oil** (Hedeoma pulegioides) contain pulegone, which can cause hepatotoxicity, liver necrosis, gastrointestinal issues, and even death.

- **Citrus oil** contains D-limonene and linalool; it can cause gastrointestinal ulcers, phototoxicity, and, in cats, rarely toxic epidermal necrolysis (TEN) with massive doses.

- **Peppermint oil** (Mentha piperita) and **calamint oil** (Clinopodium nepeta, Calamintha nepeta) contain menthol and pulegone; high doses can cause gastric ulcers, hepatotoxicity, and seizures. The pulegone content is restricted in natural flavorings added to certain foods: alcoholic beverages with mint or peppermint can contain a maximum of 100 mg/kg pulegone, non-alcoholic beverages 20 mg/kg, chewing gum 350 mg/kg, sweets 250 mg/kg, and very small sweets for breath freshening 2000 mg/kg pulegone.

- **Cinnamon and clove oil** contain eugenol; in low doses, they cause gastrointestinal irritation, and in high doses, they can cause metabolic acidosis and seizures.

- **Cinnamon and cassia oil** contain cinnamaldehyde; **oregano, savory, and thyme oil** contain carvacrol; **thyme and oregano oil** contain thymol; all of these oils can cause gastrointestinal irritation.

- **Hyssop oil (pinocamphone)**, **wormwood**, **sage**, and **thuja oil (thujone)**, and **eucalyptus oil (eucalyptol; Eucalyptus globulus)** can cause neurological symptoms.
- **Bitter almond oil** can contain hydrocyanic acid; this is removed in most commercial products, which are labeled as "free from hydrocyanic acid" (FFPA).
- **Tea tree oil (Melaleuca alternifolia)** contains terpenes and cineole; high doses cause skin and mucous membrane irritation, salivation, vomiting, central nervous system depression up to coma, myopathy, hepatopathy, peripheral vasodilation, and dyspnea.
- **Pine oil** contains  $\alpha$ -terpineol, terpene ethers, and phenolic compounds; high oral doses, or even small amounts in cats, can cause gastrointestinal symptoms, and after absorption, altered consciousness, respiratory depression, ataxia, anemia, and nephritis.

There are so many things we use in our lives and never realize they could be toxic to our animals!



## Year End Donations

The committee working on the year-end donations nominated three new charities to receive funds this year – smaller groups that often don't receive the large donations that the more well-known groups often receive, yet they still do great important work in the community,

The club members voted approval of the three groups along with increasing the amount of the donation from \$250 to \$500 each. These days, \$250 barely buys a few bags of dog food.

The three charities chosen are Bree's Wing, Hungry Tailz Rescue, and All My Tomorrows Pet Rescue. And we were able to present the donations in person.



Paula Bastian delivered the donation to Bree's Wing. Michelle, the founder, posted a thank you on her Facebook page

Sending a big THANK YOU to the 🐾San Joaquin Dog Training Club 🐾 for this generous and thoughtful donation of \$500.00 to help us get further in our mission. We are so very grateful



**Bree's Wing** is a senior dog rescue and provides emotional support dog visits.

**Hungry Tailz Pet Rescue** helps dogs at homeless encampments and they had their donation delivered by Julie Rust. They also put a thank you on their Facebook page:

A HUGE thank you to **San Joaquin Dog Training Club** for their generous donation! ❤️ Your support helps us continue providing food, supplies, and spays for our homeless pets, ensuring they get the care they deserve. Your kindness is making a big difference in the lives of these animals! ❤️🐾  
[#makingapawsitivechange](#) [#helpingstrays](#)  
[#bekind](#)

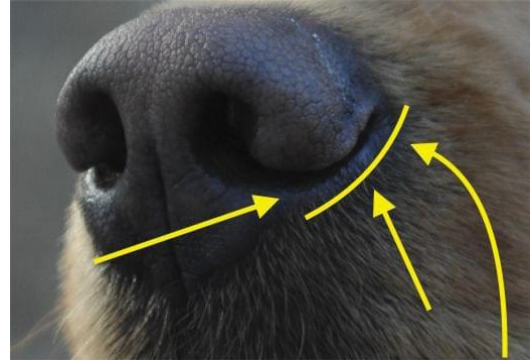


And the last donation was presented to Rosemary Rupp of **All My Tomorrow's Pet Rescue** in Lodi, by Laura Wicklander. This group rescues dogs and cats from high kill shelters.



## How Dogs Smell

Ever noticed those slits at the sides of a dog's nose? Why do dogs have them?



Once again, nature proves her elegance in the design of our dogs. When we humans inhale and exhale, air comes in the same way it goes out. Any smells that come in through our mouths are forced out as we exhale.

When a dog exhales through his nose, however, the exhaled air is released through those slits and off to the side so that nice, smelly air going into the dog's nostrils doesn't get diluted with the outgoing air. Put another way, the slits allow the dog to avoid smelling what he just exhaled.

The slits help the dog hold scent particles in the nostrils even as exhaled air passing out the slits creates a swirling air turbulence allowing interesting odors to be inhaled directly into the center of each nostril. Since dogs breathe faster when trying to sniff a certain smell, they widen their nostrils to pull in more air which makes it possible for a dog searching for smells to have a steady stream of air coming in for up to 40 seconds, maybe even longer.

The slits also allow dogs to wiggle each nostril independently which gives them the ability to know which nostril a smell entered. This is how a dog can pinpoint where a smell is coming from, and why a dog searching for smells on the ground will weave back and forth as he follows a trail.

We all know the superb smelling abilities of dogs, but let's use an analogy between scent and sight to really put it into perspective: What we as humans can see at a third of a mile, our dog can see more than 3,000 miles away and still see as well.

## Drugs That Effect Smell

Did you know that certain drugs can affect your dog's sense of smell? Probably not a concern unless you have a Search & Rescue dog or showing in Scent Work, but I thought this interesting. Who knew?

This is the list of drugs affecting olfaction in dogs:

Corticosteroids  
Metronidazole  
Chlorpheniramine  
Ampicillin  
Griseofulvin  
Sulfasalazine  
Tetracycline  
Azathioprine  
Vincristine  
Allopurinol  
Phenylbutazone  
Morphine  
Doxorubicin  
Radiation therapy



## Club Holiday Party

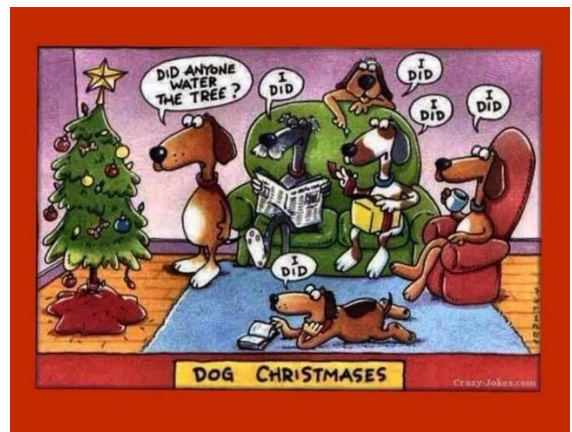
The club Holiday party will be held again at the Lodi Grape Festival Barrell Room on December 14<sup>th</sup> at 11:00 am.

The club will provide a meat tray and rolls, with members bringing side dishes and dessert. June Dennis is putting a flyer together, asking folks to sign up for what they want to bring.

There will be a gift exchange (\$20 value) for those that want to participate. Everyone participating draws a number and each gift can be stolen twice – once the gift is in the hands of the third owner, the gift can't be stolen again. It's a lot of fun.

Year end awards will also be presented at the party.

If you have any questions, ask the committee members are Colleen Colenso, June Dennis and Catherine Sanchez.



**Don't forget all membership renewals are due January 1st. A new form must be completed and submitted, even for life members. So be sure to send your form in ASAP! Membership forms can be found on our website under the Members Only section.**

# PET HOLIDAY FOODS LIST

## **Naughty**

Chicken/Turkey Skin,  
Bones, Drippings,  
Gravy

Ham, Ham Bones

Fat Trimmings,  
Fatty Foods

Sage, Nutmeg,  
Garlic, Onion  
(or Powders)

Corn on the Cob,  
Mushrooms

Raisins, Grapes,  
Apple Seeds

Macadamia Nuts,  
Walnuts

Alcohol, Coffee

Chocolate/Xylitol,  
Artificial Sweeteners

Bread Dough (Yeast)

## **Nice**

Skinless/Boneless:  
White Meat Chicken/  
Turkey

Small Cubes of  
Cooked (Without  
Butter/Seasonings)  
Sweet Potatoes,  
Yams, Pumpkin

Raw or Steamed:  
Green Beans,  
Carrots, Broccoli,  
Peas, Zucchini

Seedless Apple Slices,  
Bananas,  
Cranberries,  
Blueberries,  
Strawberries

Natural (Xylitol-Free):  
Peanut Butter,  
Almond Butter

Oatmeal, Quinoa,  
White/Brown Rice

